



## Contact

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|----------|------------------------------------|
| Name     | Ross Guy                           |
| Phone    | +44 (0) 7901 335 056               |
| Email    | promo@thesilverbayonets.co.uk      |
| Web      | www.thesilverbayonets.co.uk        |
| Facebook | www.facebook.com/thesilverbayonets |
| Twitter  | www.twitter.com/silverbayonets     |

## Line-up

|                |                 |
|----------------|-----------------|
| Kabir Sheikh   | Guitar & Vocals |
| Ross Guy       | Bass & Vocals   |
| Enzo Cuticchia | Drums & Vocals  |

## Biography

The Silver Bayonets are a London-based indie-rock band who have been gigging in London since summer 2012. Fronting the group on guitar and vocals is songwriter Kabir Sheikh, while the bassist, Ross Guy, and the drummer, Enzo Cuticchia, both add backing vocals.

Their influences are many rowdy, shouty guitar bands like Hüsker Dü and Nirvana, but there's also big indie-pop stylings from Teenage Fanclub, Mega City Four and the Manics: Fuzzy guitars and vocal harmonies combine for very loud, addictive guitar pop music!

In late 2014, a number of their demo tracks were playlisted by regional stations across the UK. This led to recording sessions and live acoustic performances on university and local radio.

The band's debut album, "The Pain Inside Your Head" (Header Records, HDRCD0001) was released in May 2015, preceded by a single, "Schemes". With their first album available for download and on limited edition CD, live shows were booked to support the release, including a pre-gig album listening party at The Barfly, London.

A music video for the album track "Constant" was recorded in autumn 2015, while radio, blogs and the independent music press picked up on the debut single and album. The year ended with their live set at Nambucca being recorded for satellite TV broadcast across Europe.

The band completed writing material for their second album during 2016, introducing the songs into the live set gradually. A second single, a remix of "Low", from "The Pain Inside Your Head" album, was released in the second half of the year. Work has already begun on recording the follow-up album, which is planned for release in mid-2017.

"The Pain Inside Your Head", recorded at Alaska Studios in London and mastered at Masterdisk, NYC, is out now on the Header Records label (HDRCD0001) through all major digital stores.

## Music Link

Album tracks <https://soundcloud.com/thesilverbayonets/sets/the-pain-inside-your-head>

## Video Link

"Constant" <https://www.youtube.com/watch?v=06zZ7N4mc7g>



## Press

“Whilst the band may be destined for big things they have retained that straight-out-of-the-garage enthusiasm. The band are not just one dimensional, as shown by “Nowhere Left To Go” which is darker and far more ‘alternative’. Whilst “Low” is a more intense and claustrophobic sounding song.... “Fly” manages to have a wider more expansive sound.

This album is a reminder that, once upon a time, the UK was brilliant at churning out great, young, rock bands full of spirit and energy and, most importantly, great songs. They have delivered an album of brilliant rock songs. The tracks are punchy, punky rock numbers played with passion but also a sense of melody which will have you going back for more. There is also that sense that as a live band they will be blinding.”

“The Pain Inside Your Head” *Album Review, Soul of a Clown* [[Read the full review](#)]

“Catchy... 'High Life' punches in all the right places, with those classic anthemic stop/start riffs... and it has infectious melodies to back it up.

The likes of 'Forever' has the perfect Power Pop ingredients, the right mix of melody and harmony. 'Your Complex Life' has a certain Libertines/Pixies feel to it that sits quite nicely and there's some great pop sensibilities going on here.”

“The Pain Inside Your Head” *Album Review. ÜberRöck* [[Read the full review](#)]

“(The album) is quite a kicker! “Schemes” pulls no punches with its infectious melody and hard rhythms. “Nowhere Left To Go” is one hell of a frantic track. (In) “High Life” the bassline keeps everything on edge as the percussion bangs out the beat.

“Constant” turns it all down a notch while the vocals give a bite to the lyrics. “Fairy Tales for the Cynic” is a deeper track... “The Loudest Voice” packs its punch with lyrical content. “Low” shows off a guitar solo whereas “Fly” is a slower number that goes to show that there is a range and flexibility to these guys - not just in the music but lyrically. “Caving In” makes you stop and think.

Once complete (the album) makes you hit play again, not just to get back to that raucous first few tracks; but to get back to those other moments, and possibly even moments you might have missed... A power packed container of energy just waiting to explode.”

“The Pain Inside Your Head” *Album Review, Rock Regeneration* [[Read the full review](#)]

“If you like your music to be something that runs off of pure musical energy, racing away like a runaway train then this will surely be to your liking... There’s a lovely bit of musicality flowing through the track that bands often miss out on when they’re trying to put together something as rip-roaring as this.”

“Schemes” *Single Review, We Close Tonight* [[Read the full review](#)]

“Guitar based rock music for intelligent gig-goers. A must-see band.”

*London Live Review* [[Read the full review](#)]

“Bloomin' marvellous... (Schemes) is a great track!!”

*Trev & Ben, Croydon Radio*



The Silver Bayonets (L-R): Ross, Kabir, Enzo  
Photography: Marianne Harris



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